

# NEW YORK STATE GYMNASTICS



## Important Upcoming Dates!

February 7-8, 2015— Early Session State Championships

March 28-29, 2015—Level 9/10 State Championships

April 10-12, 2015—Level 7/8 State Championships

April 17-19, 2015—Level 9/10 Regional Championships at MassMutual Center in Springfield MA

April 24-26, 2015—Level 5/6 State Championships

May 15-17, 2015—Xcel State Championships

May 29-31, 2015—Level 4 Upstate and Downstate Championships

June 5-7, 2015—Level 2/3 Upstate and Downstate Championships

### State Championship Bids



NYS is Accepting NYS State Championship Bids until **August 10, 2014**

Please submit all bids to [usagny@gmail.com](mailto:usagny@gmail.com)

Bid forms can be found at [www.nyusag.com](http://www.nyusag.com) under the FORMS section

### Region Six Congress



Region 6 Congress is being held in Providence, RI August 1-3rd

Check out the preliminary Region 6 Congress Schedule

[http://www.region6usag.org/sites/default/files/2014\\_Region6Schedule\\_%28online%29.pdf](http://www.region6usag.org/sites/default/files/2014_Region6Schedule_%28online%29.pdf)

NYS General Membership Meeting--Friday, August 1st at 4:30 pm in conjunction with Region 6 Congress. Meeting Room is Newport/Washington. We will be discussing relevant NYS Gymnastics information as well as the upcoming 2014/2015 competition season. We hope to see everyone there!

Registration Now Open!

Be sure to register all professional members and athletes at [www.usa-gymnastics.org](http://www.usa-gymnastics.org). Registrations being accepted now which are valid through July 31, 2015.

### Rising Starz Clinic



Are you gearing up for the 2014/2015 competition season?

Be Sure to have your athletes take part in one of the Rising Stars Clinics!!

Registration Now Available:

<http://www.region6usag.org/sites/default/files/2014%20Rising%20Stars%20Entry%20Form.pdf>

### Optional Level Coaches Clinic



Sponsored by NAWGJ--New York South

Sunday, September 21st at Farmingdale Gymnastics Academy

Purpose: To help "demystify" what the judges are looking for and deducting for:  
--compositional areas not understood  
--execution deductions based on the technical requirements of skills  
--Q&A session after each event is presented

Clinicians:

Bars: Maria DeCristoforo Beam: Galina Petrouniak

Floor: Gail Caspare

Fee: \$30.00 for the first coach from a gym, \$25.00 for each additional coach from the same gym.

Contact Vicki Tucker at [sewingtwo@aol.com](mailto:sewingtwo@aol.com) for Registration

Check out the 2014/2015 State Calendar at [www.nyusag.com](http://www.nyusag.com)

If you are interested in having your competition listed as a State Qualifier please fill out the State Qualifier bidding form on the website at and email to [usagny@gmail.com](mailto:usagny@gmail.com).

If you are interested in having your local competition listed on the state website please sent the competition details to [usagny@gmail.com](mailto:usagny@gmail.com)

\*\* Gymnasts cannot qualify directly from a local meet to a State Championship\*\*



New E-mail for NYS Gymnastics!  
[usagny@gmail.com](mailto:usagny@gmail.com)  
Be sure to update your contact list