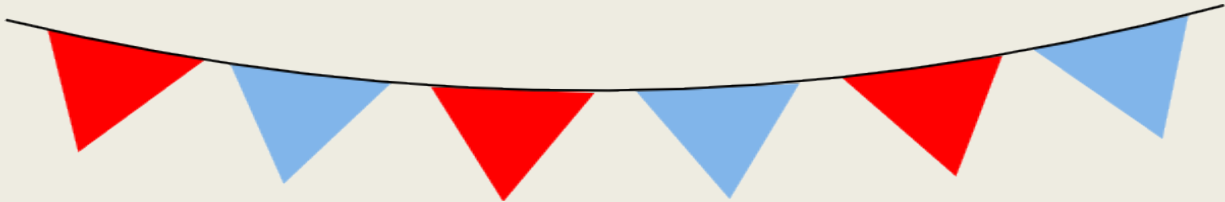




USA GYMNASTICS - NEW YORK

NEWSLETTER

FEBRUARY 2017



Dear NYS Gymnastics,

Isn't it amazing how quickly a year flies by? We are once again about to enter into our Championship Season for NYS Gymnastics! I wish all the athletes and coaches the best of luck in the upcoming State Championships. Please be sure to register all athletes at www.meetmaker.com. Registration will close 3 weeks prior to the competition. We accept scratches for a full refund up to one week prior to the competition. All scratches must be done at www.meetmaker.com. Please register your athletes as early as possible. The earlier we have a majority of the registrations we can set tentative competition schedules for the convenience of our participants.

We would like to extend our gratitude towards Elmira Gymnastics in hosting a successful Early Season State Championships. Thank you to your club and volunteers for hosting this competition!

The year of 2017 begins a new term for our State Administrative Committee Members. We will be holding a call for nominations beginning on March 1, 2017. Elections will follow if needed. Be sure to read the additional information included in this newsletter. Our current State Administrative Committee has been extremely active in bringing many positive changes to our New York athletes and members over the last few years. I would like to express our enormous appreciation for their hard work and dedication towards New York State Gymnastics.

Once again I look forward to seeing you all over the next few months during Championship season. We are excited to reward our athletes for their hard work and dedication during this season. Best of luck to all clubs, gymnasts, and coaches in the upcoming Championship season!

Warmly,

Tina Ferriola

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OFFICIAL CALL FOR SACM Nominations!

This is an official call for nominations for State Administrative Committee Members (SACM). Please send any nominations to Tina Ferriola at usagny@gmail.com. If a nomination is received the candidate will be contact to provide a statement if interested in the position to be posted on the state website. (Nomination form on following page)

Criteria Required for State Administrative Committee Members (SACM):

- **Women's Program Member in Good Standing
- **Minimum of 21 years of age

The positions open for nomination:

- Binghamton Representative
- Syracuse Representative
- Albany Representative
- Upper Hudson Valley Representative
- Western Representative
- Westchester/Rockland Representative
- Suffolk Representative
- Nassau/NYC Representative
- Downstate Official's Representative
- Upstate Official's Representative
- Downstate Meet Director Representative
- Upstate Meet Director Representative
- Member at Large

The SACM term will run for 2 years beginning on July 15, 2017.

If you have any questions or nominations please email Tina Ferriola at usagny@gmail.com

Nomination form for State Administrative Committee Member

Name of Nominee: _____

Address of Nominee: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Email completed form to:

Tina at usagny@gmail.com

All emailed forms must sent by March 15th, 2017. Nominations after this date will not be accepted.



**Age Group Notification
for Level 7/8 State Championships!!**

Due to qualifying criteria for Level 7/8 Regional Championships age groups at the Level 7/8 State Championship will be based on the gymnast's age the final day of the Regional Championship.

This date is April 23, 2017.

Coaches!!!

Be sure to submit all petition forms and paperwork to Tina at usagny@gmail.com. All petition forms are due no later than the Wednesday after the last state qualifying competition.

Please send the petition form, photocopy of results, and doctor's note clearance to Tina at usagny@gmail.com.



Injury Petition Form
Deadline - 3 days following the last qualifying meet

For State Championships: send form to your State Administrative Committee Chairman
For Regional Championships: send form to your Regional Technical Committee Chairman
(or other designated person)

Note: Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.

Refer to Chapter Two, Section I, page 16: General Procedures for Petitions for USA Gymnastics Jr. Olympic Competitions in the current *Women's Rules & Policies* and for Meet Specific information, refer to:

For State Meets: pages 18-19; For Regional meets: pages 19-20; For JO-NIT: page 26.

** If this form is not completed correctly, it may not be accepted. It is the responsibility of the coach to provide all necessary information

Meet Petitioning To: _____

Gymnast's Name: _____ USAG # _____

Birth date: _____ Age and Level _____

Coach's Name: _____ Phone Number: _____

Gym Name: _____ Coach's Cell Phone # _____

Address: _____

City _____ State _____ Zip Code _____

Fax Number: _____ E-Mail Address _____

1. Photocopy Results of a minimum of 1 Sanctioned Meet:

Meet: _____ Date _____

Scores: Vault: _____ Bars: _____ Beam: _____ Floor: _____

All Around Score: _____

2. Licensed Medical Professional's written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.

BE SURE TO JOIN US FOR REGION 6 CONGRESS 2017



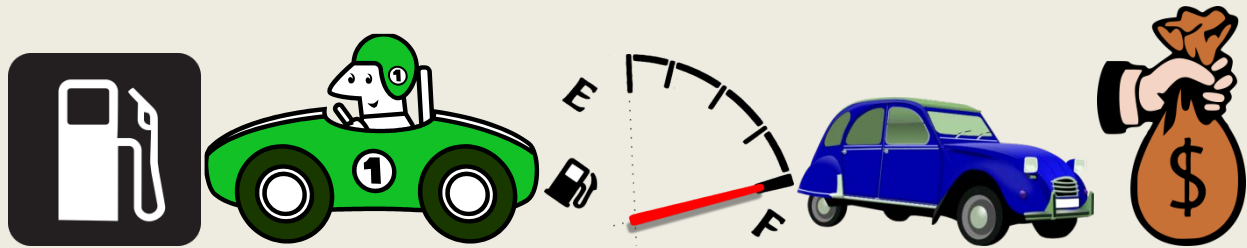
2017 USA GYMNASTICS
BUILD FOR TOMORROW

National Congress: August 17-20, Anaheim, CA
REGION 2: June 24-25 - Lacey, WA + REGION 3: June 10-11 - Dallas, TX + REGION 4: June 16-18 - Cedar Rapids, IA
REGION 5: September 15-17, Louisville, KY + REGION 6: August 4-6, Providence, RI
REGION 7: June 16-18 - Baltimore, MD + REGION 8: June 23-25 - Atlanta, GA

#USAGymRC

2017 USA Gymnastics Regional Congress Registration is now OPEN!

Visit USAGymRC.com for location details and to register TODAY!



Attention!
Women's Artistic Gymnastics
Judges & Meet Directors

Effective January 1, 2017 :

The rate for mileage reimbursement for judges is \$.53 per mile to reflect the recent decrease in the IRS standard mileage rate for 2017.



All NYS head tax fees are \$5.00 for each NYS gymnast.

Checks should be made payable to USAG – NYS and mailed to :

Tina Ferriola
480 Greenwich St
New York, NY 10013

Regional Fees are \$1.00 per gymnast for all competitions held in NYS.

Checks should be made payable to Region 6 USAG and mailed to:

Kathy Ostberg
365 Spring Street
Shrewsbury, MA 01545



2017-2018 Important Dates:

August 2017	
August 4-6, 2017	USA Gymnastics Region 6 Congress
August 17-19, 2017	USA National Congress & P&G Championships
March 2018	
March 16-18, 2018	Level 9/10/XCel States
April 2018	
April 1, 2018	Easter
April 6-8, 2018	Level 7/8 States
April 13-15, 2018	Level 9/10 Regionals
April 20-22, 2018	Level 5/6 States
April 28-29, 2018	Level 7/8 Regionals
May 2018	
May 4-6, 2018	Easterns
May 4-6, 2018	Level 4 Downstate States
May 12-14, 2018	JO Nationals
TBD	XCel Regional Championships
May 18-20, 2018	Level 2/3 Downstate & Level 2/3/4 Upstate States
May 28, 2018	Memorial Day

Cindy Sielski Believe and Achieve Scholarship Announcement!

Essays due by March 5, 2017! (More info below)

Attention Graduating Seniors, Coaches and Parents!

The Cindy Sielski Memorial Believe and Achieve Scholarship 2017

The New York State USAG Board is once again proud to announce **The Cindy Sielski Memorial Believe and Achieve Scholarship** in honor of our good friend, Brevet Judge, former State Judging Director, Regional Technical Chair and NYS USAG Chair Cindy Gleason Sielski.

This \$2,000.00 scholarship [or 2 \$1000.00 scholarships] will be awarded to a New York State Gymnast who is presently a High School senior. She may be a competitor at any Level of USAG gymnastics.

The awarding of this scholarship is based on an essay of approximately 750 words written and submitted by the athlete. This essay should embody the spirit of one of Cindy's favorite quotes, "There is a Power in People Who Dream Big and Try Hard". All essays will be reviewed by the Scholarship Committee.

The Scholarship will be awarded at the 9/10 State Meet, unless the winner competes at another Level. The Scholarship would then be awarded at the appropriate State Meet.

Essays must be EMAILED to Val Stoughton at rasvvs@yahoo.com by March 5st 2017. The essays will then be forwarded to all members of the committee. The following information should accompany the athlete's essay:

Full Name
Date of Birth
Address
Phone Number
Email Address
Gymnastics Club
Coach's Name
Level of gymnastics presently competing

Sincerely,
The NYS USAG Scholarship Committee
Val Stoughton Committee Chair
Gail Caspare
Maria De Cristoforo
Mary Spadaro
Sharon Sparling

2018 State Championship Bids to Open Soon!

You can place your bid to host a
NYS Championship
from March 1-March 31, 2017!!

Please fill out :

*Outside Venue Form for Level 2-10/XCel
State Championships!

(form on the following page of this newsletter)



**New York USA Gymnastics
Outside Venue Meet Bid Form
2018 State Championship Season**

Bidding Party

Meets Interested in Hosting: (Please select from the following)

_____ Level 5/6—April 20-22, 2018

_____ Level 2/3/4 Upstate--May 18-20, 2018

_____ Level 7/8—April 6-8, 2018

_____ Level 4 Downstate--May 4-6, 2018

_____ Level 9/10/XCel--March 16-18, 2018

_____ Level 2/3 Downstate-- May 18-20, 2018

Contact Person: _____ Email: _____

Gymnastics Club: _____ Phone: _____

Meet Director: _____ Meet Director Certified? (Y / N)

Pro Number: _____ Exp: _____ Bkgd Exp: _____

Safety Exp: _____ Email: _____

Phone: _____

Facility Information

Name of the Outside Facility: _____

Address of Facility: _____

Approximate Rental Fee of Facility: _____

Handicap Accessible: (Y / N) Scoring team with Pro Score experience: (Y / N)

Separate Awards Area: (Y / N) Availability to run Friday sessions?: (Y / N)

Separate meeting area for officials: (Y / N) Television and DVD for officials prep: (Y / N)

Number of available parking spots: _____

Number of restroom stalls: _____

Spectator capacity: _____

I certify that the above information is accurate. I agree to follow the guidelines as listed in the USA Gymnastics Women's Rules & Policies in conducting this event. I have read the host club responsibility attachment and agree to all terms. I will email this form to usagny@gmail.com.

Meet Director Signature: _____

Date: _____



March 4, 2017 ♦ Newark, NJ

— A FIG WORLD CUP EVENT —

March 3-4, 2017 | Prudential Center

Event Information

The 2017 [American Cup](#), the eighth-annual Nastia Liukin Cup and the [Elite Team Cup](#) will take place at the Prudential Center in Newark, N.J., on March 3-4, 2017.

2017 American Cup!

The 2017 AT&T American Cup will take place March 4, 2017 at the Prudential Center in Newark, N.J. Tickets are on sale NOW! <http://www.americancup.com/info/>

2017 AT&T American Cup

WHEN: Saturday, March 4, 2017 – Time: 11:30 a.m. ET

WHERE: Prudential Center, Newark, N.J.



2017 Nastia Liukin Cup

WHEN: Friday, March 3, 2016

WHERE: Prudential Center, Newark, N.J.

SENIOR RECOGNITION!!!

We want to honor all of our graduating seniors during their State Championship!

Please be sure to mark "Senior Recognition" on the registration page at www.MeetMaker.com.

Please also email all senior recognition information to Larry Goldsmith at lgoldniag@aol.com.

You will need to include the senior athlete's name, level, and club in the email to Larry.